

What to Do When Faced with Trouble?

5. Natural Disasters

Japan is a country of earthquakes. It is possible a large earthquake may occur in Sabae. Fukui has nuclear plants. Due to the earthquakes, nuclear plants might get damaged and discharge radioactive material. As a result, nuclear-power disasters might be generated.

Typhoons and intensive heavy rains also hit Japan from June to October, so our city often suffers from floods and landslides.

Moreover, in winter we face potential damages after a lot of snow.



6. What to Do if You are in Trouble

See a guide book for supporting for disasters.

<https://www.city.sabae.fukui.jp/pageview.html?id=13524>

In case of a large earthquake

- Ensure your safety, especially your head safety
- Turn off all gas ovens and heaters.
- Calm down and take action while receiving calamity information.
- Beware of false information. Get the correct information from the TV, radio and other reliable sources.

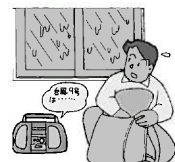


In Case of a Typhoon or Heavy Rain

Get the latest information by TV, radio and other sources. When you are asked to move to a shelter or when you feel unsafe, immediately move a public shelter such as your local Kominnkan (public culture center).

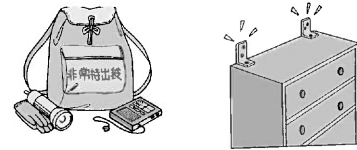
In Case of Heavy Snow

- Be careful when walking due to slippery conditions.
- Beware snow or ice falling from the roof of buildings as it may harm you.
- In some cases, houses may collapse due to the weight of accumulated snow on the roof. (Snow removal may be required)



7. How to prepare for Disasters

- Create a network to obtain and share information. Be sociable with your friends, neighbors and colleagues.
- Find out where the nearest shelter is. Know how to get there and how to maintain contact in the event of a calamity.
- Prepare an emergency bag (you may include water, food, an extinguisher, search light, battery operated radio, valuables, etc).
- Appraise the strength of your residence.
- Secure your furniture from tipping over or falling down.
- Prepare for snow and cold winter. (heaters, shovels, scrapers and snow tires)



8. Responding to Emergencies

Sudden illness and injury

- Ask neighbors for help.
- Call toll free 119 (fire station) when you need an ambulance.

Ask someone who can speak Japanese. You can call 119 from your home phone, a public phone or a mobile phone. Calmly tell them your name, address and the problem.



Fire

- Shout loudly to your neighbors.
- Call toll free 119. (Ask someone who can speak Japanese)

You can call 119 from your home phone, a public phone or a mobile phone.

Calmly tell them your name and address.

Traffic Accident or Crime

- Call the police station or police box at 110. (Ask someone who speaks Japanese)

You can call 119 from your home phone, a public phone or a mobile phone.

Calmly tell them your name and address.

- Ask someone who speak Japanese to help you call an ambulance if you are injured.

9. Multilingual Medical Facilities

(alphabetical order)

- FUJITA ICYOKA, NAIKA, GEKAIIN
(Internal Medicine, Gastroenterology, surgery)
4-16-24 Mizuochi-cho, Sabae City
TEL (0778) 52-5200
•English (very basic level)
- HIROSE BYOIN (General hospital)
1-2-8 Asahi-machi, Sabae City
TEL (0778) 51-3030
•English (doctor's practice available in this language)
- IYO SEIKEI GEKA (Orthopedics)
2-5-3 Saiwai-cho, Sabae City
TEL (0778) 51-6300
•Chinese (very basic level)
•Korean (very basic level)
•English (very basic level)
- KAWAGUCHI SYOUNIKA IIN (Pediatrics)
2-88-22 Sakuramachi, Sabae City
TEL (0778) 51-0025
•English (doctor's practice available in this language)
- KIMURA NAIKA IIN (Internal medicine)
257-3-7 Nakano-cho, Sabae City
TEL (0778) 54-0707
•English (doctor's practice available in this language)
- KOURITSU TANNAN BYOIN (General hospital)
1-2-31 Sanroku-cho, Sabae City
TEL (0778) 51-2260
•English (very basic level)
- SABAE NAIKA IIN (Internal medicine)
10-5-2 Tode-cho, Sabae City
TEL (0778) 62-0111
•English (very basic level)
- SAITO BYOIN (General hospital)
6-1-1 Nakano-cho, Sabae City
TEL (0778) 51-0593
•English (very basic level)
- SHIMIZU GANKA (Ophthalmology)
2-1-30 Asahimachi, Sabae City
TEL (0778) 51-0067
•English (doctor's practice available in this language)
- TAKANO BYOIN (Internal medicine, surgery)
2-3-10 Honmachi, Sabae City
TEL (0778) 51-0845
•English (very basic level)
- TANIKAWA BYOIN
(Internal Medicine, Gastroenterology)
4-3-14 Honmachi, Sabae City
TEL (0778) 51-4132
•English (very basic level)
- TSUCHIYA IIN (Internal medicine)
3-6-2 Asahimachi-cho, Sabae City
TEL (0778) 51-2100
•English (doctor's practice available in this language)
- MAEDA IIN (Internal medicine, pediatrics)
1-7-12 Yanagimachi, Sabae City
TEL (0778) 51-0585
•English (doctor's practice available in this language)